

Cyber Safety Resources

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| www.SafeKids.com | Parent resources about current events and how to talk to children / teens about cyber safety. A great resource for parents who want to talk to their scholars about being safe online. |
| www.StopBullying.gov | Government resources about bullying and cyberbullying, including guides for working with schools and organizations. A great resource for parents who want to take action against bullying. |
| www.CommonSenseMedia.org | Non-profit organization promoting media literacy, and media education. Has guides for parents about popular books, movies, games, and websites. A great resource for parents who want to know more about what to expect with current and popular media. |
| www.InternetSociety.org | Non-profit with the goal to explain how the internet works, and the greater effects it has on our society. A great resource for parents who want to know more about new technology. |

Need Help?

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| 1-800-273-8255 National Suicide Prevention Lifeline | Toll free, confidential call will connect you to the nearest crisis center and resources. Call 24/7, you are never alone. |
| www.SAMHSA.com Substance Abuse and Mental Health Services Administration | Need assistance finding help or counselling services? This government organization allows you to search for local resources for substance abuse and mental health services. |