

November

UNITIZED BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> RF honey buttons cereal/mini dipperdoodle/fruit (DF) <u>Contains wheat</u> 	<ul style="list-style-type: none"> string cheese/skeeter CINN grahams/fruit <u>Contains wheat, dairy</u> 	<ul style="list-style-type: none"> autumn spice muffin/fruit <u>Contains dairy, wheat, soy</u> 	<ul style="list-style-type: none"> cold english muffin w/turkey and cheese/fruit <u>Contains dairy, wheat, soy</u> *Early dismissal 12:00 pm 	<ul style="list-style-type: none"> skeeter HONEY grahams/cinamon rumbles/fruit (DF) <u>Contains wheat</u>
7	8	9	10	11
<ul style="list-style-type: none"> RF honey buttons cereal/zac attack bar strawberry/fruit (DF) <u>Contains wheat</u> 	<ul style="list-style-type: none"> lemon muffin/fruit <u>Contains dairy, wheat, egg</u> 	<ul style="list-style-type: none"> RF flurries cereal/mini dipperdoodle/fruit (DF) <u>Contains wheat</u> 	<ul style="list-style-type: none"> french toast muffin/fruit <u>Contains dairy, wheat, egg</u> 	<ul style="list-style-type: none"> mini dipperdoodle/string cheese/fruit <u>Contains wheat, egg</u>
14	15	16	17	18
<ul style="list-style-type: none"> string cheese/skeeter CINN grahams/fruit <u>Contains wheat, dairy</u> 	<ul style="list-style-type: none"> blueberry muffin/fruit <u>Contains dairy, wheat, egg</u> 	<p style="text-align: center;">NO SCHOOL</p>	 <p style="text-align: center;">HAPPY THANKSGIVING!</p>	25
21	22	23		
<ul style="list-style-type: none"> shelf stable RF flurries/CINN skeeters/shelf stable fruit/shelf stable milk (DF) <u>Contains wheat</u> 	<ul style="list-style-type: none"> blueberry burst whole grain bagel/cream cheese/fruit <u>Contains wheat</u> 	<ul style="list-style-type: none"> autumn spice muffin/fruit <u>Contains dairy, wheat, egg</u> 		
28	29	30		

What's New?

Breakfast: choice of 1% or fat-free milk, fresh fruit available daily except when fruit juice is offered twice per week.

Dairy-free (DF) and vegetarian options available daily – if not on the menu, available upon request.

This institution is an equal opportunity provider.

November

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> all natural hot dog (DF) green beans <u>Contains wheat</u> <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> pepperoni calzoni (VG) glazed carrots <u>Contains dairy, wheat, soy</u> <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> cheese enchiladas (VG) black beans/grape tomatoes <u>Contains dairy</u> <p style="text-align: right;">4</p>	<p>Early dismissal 12:00 pm Bagged lunches</p> <p style="text-align: right;">3</p>	<p style="text-align: center;">VETERANS DAY NO SCHOOL</p> <p style="text-align: right;">11</p>
<ul style="list-style-type: none"> hot meatball sub seasoned corn <u>Contains dairy, wheat, soy</u> <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> flame broiled beef burger (DF) lettuce/sliced tomatoes w/ranch <u>Contains wheat</u> <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> chicken taco trio garbanzo beans/baby carrots <u>Contains dairy, wheat, soy</u> <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> BBQ chicken sandwich green beans <u>Contains dairy, wheat</u> <p style="text-align: right;">10</p>	<p style="text-align: center;">HAPPY THANKSGIVING!</p> <p style="text-align: right;">17</p>
<ul style="list-style-type: none"> cheese ravioli w/marinara sauce Corn <u>Contains dairy, wheat, soy</u> <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> BBQ chicken w/cheesy rice Coleslaw <u>Contains dairy</u> <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> sloppy joe (DF) lettuce/sliced tomatoes w/ranch <u>Contains wheat</u> <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> sweet garlic noodles w/chicken pinto beans/baby carrots <u>Contains dairy, wheat, soy</u> <p style="text-align: right;">18</p>	<p style="text-align: center;">HAPPY THANKSGIVING!</p> <p style="text-align: right;">25</p>
<ul style="list-style-type: none"> pepperoni calzoni pizza (VG) steamed carrots <u>Contains dairy, wheat, egg</u> <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> flame broiled cheeseburger lettuce/sliced tomatoes <u>Contains dairy, wheat</u> <p style="text-align: right;">22</p>	<p style="text-align: center;">No school</p> <p style="text-align: right;">23</p>	<p style="text-align: center;">HAPPY THANKSGIVING!</p> <p style="text-align: right;">25</p>	<p style="text-align: center;">HAPPY THANKSGIVING!</p> <p style="text-align: right;">25</p>
<ul style="list-style-type: none"> chicken bites (DF) baby carrots w/ranch <u>Contains wheat</u> <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> all natural hot dog (DF) corn and tomato salad <u>Contains wheat</u> <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> chicken marinara bake green beans <u>Contains dairy, wheat</u> <p style="text-align: right;">30</p>	<p style="text-align: center;">HAPPY THANKSGIVING!</p> <p style="text-align: right;">25</p>	<p style="text-align: center;">HAPPY THANKSGIVING!</p> <p style="text-align: right;">25</p>

What's New?

Inside Out Pizza Month
Celebrate pizza all month long with Revolution Foods's two NEW pizza innovations – the meatless pepperoni calzoni pizza and cheese pizza panada pie.

Look for them on the menu on 11/2, 11/10, 11/21

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (VG) options available daily – if not listed on the menu, available upon request.

- Vegetable of the day

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